

Nr	Verein / Riege	Zeit	1. Disziplin	Zeit	2. Disziplin	Zeit	3. Disziplin
1	Au MR	11:38	Fuss-Ball-Korb	12:02	Intercross	13:34	Ball-Kreuz
2	Bad Ragaz MR	08:14	Fuss-Ball-Korb	08:38	Intercross	08:50	3-Spiel
3	Bazenheid MR Sen	12:58	Unihockey	13:18	Ball-Kreuz	14:10	Te-Ba-Rugby
4	Balgach FR MR	09:42	Fuss-Ball-Korb	09:58	Intercross	10:14	Zielkugelstossen
5	Benken STV	10:14	Gigathlon				
6	Bichwil TV	09:42	Fuss-Ball-Korb	10:02	Intercross	11:02	Ball-Kreuz
7	Brunnadern FTV MTV	08:14	Fuss-Ball-Korb	08:30	Intercross	08:54	Zielkugelstossen
8	Buchs FR MR	08:18	Ball-Kreuz	08:34	Unihockey	09:10	Zielkugelstossen
9	Degersheim FR MR	10:58	Te-Ba-Rugby	11:22	Moosgummiring	12:22	Unihockey
10	Eschenbach STV	07:30	3-Spiel	08:54	Unihockey	09:10	Ball-Kreuz
11	Flawil MR Sen	11:02	Moosgummiring	11:22	Te-Ba-Rugby	13:02	Fuss-Ball-Korb
12	Galgenen FR	10:46	Moosgummiring	11:02	Te-Ba-Rugby	12:54	Ball-Kreuz
13	Gams STV	08:54	Ball-Kreuz	09:10	Unihockey	09:30	3-Spiel
14	Goldingen TV	07:30	3-Spiel	08:58	Ball-Kreuz	09:14	Unihockey
15	Gommiswald FR MR	07:30	3-Spiel	08:54	Intercross	09:18	Fuss Ball Korb
16	Gommiswald FR MR Sen	10:14	Gigathlon	11:46	Zielkugelstossen	13:14	Schleuderball
17	Gossau TV	09:46	Moosgummiring	10:02	Te-Ba-Rugby	12:10	Fuss-Ball-Korb
18	Heerbrugg STV Sen	11:06	Moosgummiring	11:22	Te-Ba-Rugby	12:58	Ball-Kreuz
19	Kaltbrunn STV	08:10	Te-Ba-Rugby	08:26	Moosgummiring	08:50	3-Spiel
20	Kaltbrunn STV Sen	14:50	3-Spiel				
21	Kriessern FR MR	08:10	Unihockey	08:26	Ball-Kreuz	08:58	Schleuderball
22	Kriessern FR MR Sen	10:34	Zielkugelstossen	10:58	Intercross	11:18	Fuss-Ball-Korb
23	Lichtensteig TV	08:10	3-Spiel	10:14	Gigathlon		
24	Lüchingen FR	08:10	Ball-Kreuz	08:34	Unihockey	09:30	Moosgummiring
25	Marbach FR MR	08:50	Moosgummiring	09:10	Te-Ba-Rugby	10:10	Intercross
26	Mels MR	09:42	Unihockey	10:06	Ball-Kreuz	10:14	Gigathlon
27	Mörschwil TSV	09:02	Unihockey	09:22	Ball-Kreuz	09:34	Schleuderball
28	Mörschwil TSV Sen	13:18	Zielkugelstossen	14:50	3-Spiel		
29	Nesslau-Krummenau MR	11:18	Zielkugelstossen	12:02	Schleuderball	12:50	3-Spiel
30	Nesslau-Krummenau MR Sen	10:14	Gigathlon				
31	Niederurnen FR MR	08:22	Fuss-Ball-Korb	08:38	Intercross	09:26	Moosgummiring
32	Niederwil TV	08:50	Te-Ba-Rugby	09:10	Moosgummiring	09:54	Schleuderball
33	Niederwil TV Sen	10:22	Intercross	10:42	Fuss-Ball-Korb	11:06	Schleuderball
34	Oberegg MR	10:54	Moosgummiring	11:10	Te-Ba-Rugby	12:50	Fuss-Ball-Korb
35	Oberhelfenschwil STV	08:58	Moosgummiring	09:18	Te-Ba-Rugby	10:10	Unihockey
36	Oberriet-Eichenwies STV	08:14	Intercross	08:34	Fuss-Ball-Korb	09:30	Unihockey
37	Oberriet-Eichenwies STV Sen	10:14	Fuss-Ball-Korb	10:42	Intercross	12:18	Ball-Kreuz
38	Quarten FTV	09:30	3-Spiel	11:02	Zielkugelstossen	12:26	Ball-Kreuz
39	Rebstein TV	09:34	Intercross	09:54	Fuss-Ball-Korb	10:50	Unihockey
40	Rüthi MR	08:54	Fuss-Ball-Korb	09:18	Intercross	10:14	Ball-Kreuz
41	Schmerikon Gymnastik	10:38	Schleuderball	11:06	Zielkugelstossen	11:30	Fuss-Ball-Korb
42	Schwellbrunn FR MR	10:18	Intercross	10:42	Fuss-Ball-Korb	11:38	Te-Ba-Rugby
43	St. Gallen Post DTV	09:02	Fuss-Ball-Korb	09:18	Intercross	10:18	Ball-Kreuz
44	Teufen FR MR	10:54	Ball-Kreuz	11:14	Unihockey	12:18	Fuss-Ball-Korb
45	Urnäsch FTV MR	10:50	Intercross	11:10	Fuss-Ball-Korb	12:10	Unihockey
46	Uzwil / Oberuzwil FR MR	10:10	3-Spiel	12:14	Moosgummiring	12:30	Te-Ba-Rugby
47	Uzwil / Oberuzwil Sen	14:10	3-Spiel				
48	Uznach FR MR	10:50	3-Spiel				
49	Waldstatt FTV MR	09:34	Fuss-Ball-Korb	09:50	Intercross	10:14	Gigathlon
50	Walenstadt DR MR	11:02	Unihockey	11:22	Ball-Kreuz	12:26	Moosgummiring
51	Widnau FR MR	09:30	Ball-Kreuz	09:54	Unihockey	10:14	Gigathlon
52	Widnau FR MR Sen	14:50	3-Spiel				
53	Wägital DR	11:22	Schleuderball	12:26	Zielkugelstossen	12:50	3-Spiel
54	Wattwil MR	08:18	Moosgummiring	08:38	Te-Ba-Rugby	09:38	Ball-Kreuz
55	Wildhaus DTV	12:18	Fuss-Ball-Korb	12:38	Intercross	13:42	Ball-Kreuz
56	Zuzwil TV	11:38	Moosgummiring	11:54	Te-Ba-Rugby	12:50	Unihockey
57	Zuzwil TV Sen	13:06	Moosgummiring	13:18	Te-Ba-Rugby	14:14	Intercross

Nr	Verein / Riege	Zeit	4. Disziplin	Zeit	5. Disziplin	Zeit	6. Disziplin
1	Au MR	13:50	Unihockey	14:58	Te-Ba-Rugby	15:18	Moosgummiring
2	Bad Ragaz MR	10:14	Ball-Kreuz	10:30	Unihockey	12:18	Moosgummiring
3	Bazenheid MR Sen	14:26	Moosgummiring	14:50	Fuss-Ball-Korb	15:10	Intercross
4	Balgach FR MR	10:50	Moosgummiring	11:10	Te-Ba-Rugby	12:14	Ball-Kreuz
5	Benken STV						
6	Bichwil TV	11:14	Unihockey	12:22	Moosgummiring	12:38	Te-Ba-Rugby
7	Brunnadern FTV MTV	09:38	Unihockey	09:58	Ball-Kreuz	10:14	Gigathlon
8	Buchs FR MR	09:38	Moosgummiring	09:50	Te-Ba-Rugby	10:54	Fuss-Ball-Korb
9	Degersheim FR MR	12:42	Ball-Kreuz	13:34	Gigathlon	14:50	Fuss-Ball-Korb
10	Eschenbach STV	09:54	Zielkugelstossen	10:14	Gigathlon	11:30	Te-Ba-Rugby
11	Flawil MR Sen	13:22	Intercross	14:22	Unihockey	14:42	Ball-Kreuz
12	Galgenen FR	13:10	Unihockey	14:14	Fuss-Ball-Korb	14:34	Intercross
13	Gams STV	11:30	Zielkugelstossen	12:58	Crosslauf	13:30	Te-Ba-Rugby
14	Goldingen TV	10:10	Schleuderball	11:50	Zielkugelstossen		
15	Gommiswald FR MR	09:38	Zielkugelstossen	10:14	Gigathlon	11:30	Unihockey
16	Gommiswald FR MR Sen	14:10	3-Spiel				
17	Gossau TV	12:30	Intercross	12:50	Schleuderball	13:34	Gigathlon
18	Heerbrugg STV Sen	13:18	Unihockey	14:14	Fuss-Ball-Korb	14:34	Intercross
19	Kaltbrunn STV	10:14	Gigathlon	11:30	Intercross	11:54	Fuss-Ball-Korb
20	Kaltbrunn STV Sen						
21	Kriessern FR MR	09:30	Te-Ba-Rugby	09:54	Moosgummiring	10:14	Gigathlon
22	Kriessern FR MR Sen	11:38	Schleuderball	12:10	Ball-Kreuz	12:30	Unihockey
23	Lichtensteig TV						
24	Lüchingen FR	09:46	Te-Ba-Rugby	10:10	3-Spiel	11:38	Zielkugelstossen
25	Marbach FR MR	10:34	Fuss-Ball-Korb	11:30	Ball-Kreuz	11:50	Unihockey
26	Mels MR	11:46	Zielkugelstossen	12:58	Crosslauf	13:42	Schleuderball
27	Mörschwil TSV	10:14	Gigathlon	11:34	Fuss-Ball-Korb	11:54	Intercross
28	Mörschwil TSV Sen						
29	Nesslau-Krummenau MR						
30	Nesslau-Krummenau MR Sen						
31	Niederurnen FR MR	09:38	Te-Ba-Rugby	10:14	Gigathlon	11:42	Ball-Kreuz
32	Niederwil TV	10:10	3-Spiel	12:10	Intercross	12:30	Fuss-Ball-Korb
33	Niederwil TV Sen	11:38	Ball-Kreuz	11:58	Unihockey	13:14	Moosgummiring
34	Oberegg MR	13:10	Intercross	14:18	Unihockey	14:34	Ball-Kreuz
35	Oberhelfenschwil STV	10:30	Ball-Kreuz	10:46	Zielkugelstossen	12:22	Intercross
36	Oberriet-Eichenwies STV	09:46	Ball-Kreuz	10:50	Te-Ba-Rugby	11:10	Moosgummiring
37	Oberriet-Eichenwies STV Sen	12:38	Unihockey	13:38	Moosgummiring	13:50	Te-Ba-Rugby
38	Quarten FTV	12:38	Unihockey				
39	Rebstein TV	11:06	Ball-Kreuz	12:18	Te-Ba-Rugby	12:38	Moosgummiring
40	Rüthi MR	10:38	Unihockey	11:42	Te-Ba-Rugby	12:10	Moosgummiring
41	Schmerikon Gymnastik	11:50	Intercross	12:50	Ball-Kreuz	13:10	Unihockey
42	Schwellbrunn FR MR	12:06	Moosgummiring	13:02	Unihockey	13:26	Ball-Kreuz
43	St. Gallen Post DTV	10:38	Unihockey	11:10	Zielkugelstossen	11:50	Moosgummiring
44	Teufen FR MR	12:42	Intercross	13:34	Gigathlon	14:54	Moosgummiring
45	Urnäsch FTV MR	12:30	Ball-Kreuz	13:34	Gigathlon	14:50	Te-Ba-Rugby
46	Uzwil / Oberuzwil FR MR	12:50	Zielkugelstossen	13:30	Ball-Kreuz	13:50	Unihockey
47	Uzwil / Oberuzwil Sen						
48	Uznach FR MR						
49	Waldstatt FTV MR	11:34	Zielkugelstossen	11:50	Schleuderball	12:10	Te-Ba-Rugby
50	Walenstadt DR MR	12:38	Te-Ba-Rugby	13:34	Gigathlon		
51	Widnau FR MR	11:30	3-Spiel	12:58	Moosgummiring	13:10	Te-Ba-Rugby
52	Widnau FR MR Sen						
53	Wägital DR						
54	Wattwil MR	09:54	Unihockey	10:50	Fuss-Ball-Korb	11:10	Intercross
55	Wildhaus DTV	13:58	Unihockey	14:50	Moosgummiring	15:10	Te-Ba-Rugby
56	Zuzwil TV	13:06	Ball-Kreuz	13:34	Gigathlon	14:50	Intercross
57	Zuzwil TV Sen	14:34	Fuss-Ball-Korb	14:50	Ball-Kreuz	15:06	Unihockey

Nr	Verein / Riege	Zeit	7. Disziplin	Zeit	8. Disziplin	Zeit	9. Disziplin
1	Au MR						
2	Bad Ragaz MR	12:30	Te-Ba-Rugby	13:22	Zielkugelstossen		
3	Bazenheid MR Sen						
4	Balgach FR MR	12:30	Unihockey	13:34	Gigathlon		
5	Benken STV						
6	Bichwil TV	13:34	Gigathlon				
7	Brunnadern FTV MTV	11:30	Moosgummiring	11:50	Te-Ba-Rugby	12:10	3-Spiel
8	Buchs FR MR	11:10	Intercross				
9	Degersheim FR MR	15:10	Intercross				
10	Eschenbach STV	11:54	Moosgummiring	13:30	Intercross	13:46	Fuss-Ball-Korb
11	Flawil MR Sen						
12	Galgenen FR						
13	Gams STV	13:50	Moosgummiring	15:02	Intercross	15:18	Fuss-Ball-Korb
14	Goldingen TV						
15	Gommiswald FR MR	11:46	Ball-Kreuz	12:18	Schleuderball	12:50	Te-Ba-Rugby
16	Gommiswald FR MR Sen						
17	Gossau TV	14:50	Unihockey	15:06	Ball-Kreuz		
18	Heerbrugg STV Sen						
19	Kaltbrunn STV	12:14	Zielkugelstossen	12:58	Crosslauf	13:30	Unihockey
20	Kaltbrunn STV Sen						
21	Kriessern FR MR	11:30	3-Spiel	12:54	Intercross	13:18	Fuss-Ball-Korb
22	Kriessern FR MR Sen	13:30	Te-Ba-Rugby	13:58	Moosgummiring	14:10	3-Spiel
23	Lichtensteig TV						
24	Lüchingen FR	12:50	Fuss-Ball-Korb	13:10	Intercross		
25	Marbach FR MR	12:58	Crosslauf	13:34	Gigathlon		
26	Mels MR						
27	Mörschwil TSV	12:34	Zielkugelstossen	12:50	3-Spiel		
28	Mörschwil TSV Sen						
29	Nesslau-Krummenau MR						
30	Nesslau-Krummenau MR Sen						
31	Niederurnen FR MR	11:58	Unihockey				
32	Niederwil TV	12:54	Zielkugelstossen	14:06	Unihockey	14:22	Ball-Kreuz
33	Niederwil TV Sen	13:22	Te-Ba-Rugby	14:10	3-Spiel		
34	Oberegg MR						
35	Oberhelfenschwil STV	12:42	Fuss-Ball-Korb				
36	Oberriet-Eichenwies STV	12:10	3-Spiel				
37	Oberriet-Eichenwies STV Sen	14:10	3-Spiel				
38	Quarten FTV						
39	Rebstein TV	13:34	Gigathlon				
40	Rüthi MR	13:34	Gigathlon				
41	Schmerikon Gymnastik	13:34	Gigathlon	15:02	Te-Ba-Rugby	15:26	Moosgummiring
42	Schwellbrunn FR MR						
43	St. Gallen Post DTV	12:02	Te-Ba-Rugby				
44	Teufen FR MR	15:18	Te-Ba-Rugby				
45	Urnäsch FTV MR	15:06	Moosgummiring				
46	Uzwil / Oberuzwil FR MR						
47	Uzwil / Oberuzwil Sen						
48	Uznach FR MR						
49	Waldstatt FTV MR	12:34	Moosgummiring	12:50	3-Spiel	14:14	Ball-Kreuz
50	Walenstadt DR MR						
51	Widnau FR MR	13:34	Zielkugelstossen	14:14	Intercross	14:34	Fuss-Ball-Korb
52	Widnau FR MR Sen						
53	Wägital DR						
54	Wattwil MR						
55	Wildhaus DTV						
56	Zuzwil TV	15:10	Fuss-Ball-Korb				
57	Zuzwil TV Sen						

Nr	Verein / Riege	Zeit	10. Disziplin	Zeit	11. Disziplin	Zeit	12. Disziplin
1	Au MR						
2	Bad Ragaz MR						
3	Bazenheid MR Sen						
4	Balgach FR MR						
5	Benken STV						
6	Bichwil TV						
7	Brunnadern FTV MTV						
8	Buchs FR MR						
9	Degersheim FR MR						
10	Eschenbach STV						
11	Flawil MR Sen						
12	Galgenen FR						
13	Gams STV						
14	Goldingen TV						
15	Gommiswald FR MR	13:18	Moosgummiring				
16	Gommiswald FR MR Sen						
17	Gossau TV						
18	Heerbrugg STV Sen						
19	Kaltbrunn STV	13:34	Gigathlon (DR)	13:50	Ball-Kreuz	14:50	Schleuderball
20	Kaltbrunn STV Sen						
21	Kriessern FR MR	13:42	Zielkugelstossen				
22	Kriessern FR MR Sen						
23	Lichtensteig TV						
24	Lüchingen FR						
25	Marbach FR MR						
26	Mels MR						
27	Mörschwil TSV						
28	Mörschwil TSV Sen						
29	Nesslau-Krummenau MR						
30	Nesslau-Krummenau MR Sen						
31	Niederurnen FR MR						
32	Niederwil TV						
33	Niederwil TV Sen						
34	Oberegg MR						
35	Oberhelfenschwil STV						
36	Oberriet-Eichenwies STV						
37	Oberriet-Eichenwies STV Sen						
38	Quarten FTV						
39	Rebstein TV						
40	Rüthi MR						
41	Schmerikon Gymnastik						
42	Schwellbrunn FR MR						
43	St. Gallen Post DTV						
44	Teufen FR MR						
45	Urnäsch FTV MR						
46	Uzwil / Oberuzwil FR MR						
47	Uzwil / Oberuzwil Sen						
48	Uznach FR MR						
49	Waldstatt FTV MR	14:30	Unihockey				
50	Walenstadt DR MR						
51	Widnau FR MR						
52	Widnau FR MR Sen						
53	Wägital DR						
54	Wattwil MR						
55	Wildhaus DTV						
56	Zuzwil TV						
57	Zuzwil TV Sen						